



## **Central Fall Football Camp (7-8)**

**AUGUST 17<sup>th</sup> – AUGUST 22<sup>nd</sup>, 2026**

**MON/TUE/WED/THU/FRI/SAT 10:00 – 11:30 AM**

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### **When is the Program?**

*Practices will be held Monday – Saturday starting August 10<sup>th</sup> and ending August 22<sup>nd</sup>*

### **What is the Cost?**

*FREE!*

### **Where is the Program Held?**

*At the Central High School training facility. (Weight Room, Gyms, and the Curry Sports Complex)*

### **Who can Attend?**

*All Pipkin and Westport Football players grades 7 or 8 can attend.*

### **What are the Goals of the Program?**

- *To integrate Middle School players into our Central **VARSI**TY practices.*
- *To help build the confidence of athletes through team-based training.*

### **What Should I Bring?**

*Cleats and clothes to work out in. All other equipment will be provided.*